



ESCA CancerSupport Centre

Château du Grand-Saconnex · Chemin Auguste-Vilbert 14
1218 Le Grand-Saconnex www.cancersupport.ch

To receive support

Recevoir un soutien

+41 (0)22 723 22 31

A counsellor will return your call

Une conseillère psychosociale vous rappellera

For information

Pour information

+41 (0)22 723 20 02



Have you
or a loved one been
diagnosed with cancer?



We're here
to help.

Call our Support line

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 **Help Us Help You!**

Our services are free of charge to those who need them. Our goal, with your help, is to keep it that way. We thank you for your donation:

IBAN CH24 0024 3243 3416 7401 F

Connaissez-vous des personnes atteintes d'un cancer, ou leurs proches, qui souhaitent des informations et un soutien en anglais?

Nous sommes là pour aider.

www.cancersupport.ch



Our vision

No one faces cancer alone.

Our team

of professionals and trained volunteers provide emotional support, practical help and well-being activities. Our services are *in English* and free of charge to anyone affected by cancer in the Lake Geneva region.



Notre équipe

de professionnels et bénévoles formés offre un soutien émotionnel, de l'aide pratique et des activités de bien-être, gratuitement et en anglais, à toute personne affectée par le cancer dans la région lémanique.



Emotional support

- Professional counselling
- Peer support *by trained volunteers*
- Mindfulness-based cognitive therapy for cancer patients
- Bereavement support
- Bosom Pals coffee mornings
Breast cancer support
- Cancer support groups
in Geneva and Lausanne
- Art therapy
- Cancer-related workshops

Physical well-being

- Yoga *for those in treatment and recovering*
- Gym *for those with breast cancer*
- Pilates *for all cancers*
- Walk'nTalk *volunteer-led and open to anyone affected by cancer*

Practical help

- CancerSupport Centre
Drop-in with Library of books & resources
- Peer support volunteers *who can provide assistance in many ways*