BEFORE YOUR HOSPITAL STAY

☐ Submit admission agreement
☐ Submit completed anaesthesia questionnaire. If your operation has been scheduled at very short notice, please bring the questionnaire (or a copy) with you to the hospital
☐ Submit a copy of your insurance policy
☐ Leave valuables/jewellery at home
☐ Do not eat anything for five hours before admission to the hospital
☐ In the two hours directly before your admission, do not ingest anything at all (no drinks, candy, chewing gum or cigarettes)
☐ After showering, do not apply any skincare products, lotions or make-up
☐ Remove nail polish and artificial nails
☐ Arrange for someone to accompany you and to take you home
☐ Only in the case of an accident: send the accident report to your insurance company (if still required)
☐ Only if you are paying yourself: pay the deposit and bring proof of payment with you to the hospital

BRING THE FOLLOWING WITH YOU TO THE HOSPITAL

Medication
☐ Prescribed medications in original packaging
☐ Current medication plan

Documents (if available)
☐ Completed anaesthesia questionnaire
☐ Health insurance card
☐ X-rays and examination results
☐ Medical reports
☐ Anticoagulant card
☐ Blood group card
☐ Allergy card and any other medical cards
☐ Diabetes monitoring booklet
☐ Laboratory test results
☐ ECG

Personal articles
☐ Reading material, reading glasses
☐ Mobile phone
☐ Cash (small notes and change)
☐ Comfortable clothing and own slippers
☐ Music