

# Emergency ID card

The Emergency ID card contains your medical information, i.e. emergency contact, illnesses, etc., which may be crucial in an emergency. You can fill out the Emergency ID card with your details and print it out.


Fold the Emergency ID card and carry it with you at all times; e.g., in your wallet.

**IMPORTANT TELEPHONE NUMBERS**


Ambulance	<b>144</b>	Police	<b>117</b>
Rega	<b>1414</b>	Fire service	<b>118</b>
Tox Institute	<b>145</b>		

**Family doctor:** .....

**Telephone number:** .....

**HIRSLANDEN** 

**EMERGENCY ID CARD**



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Illnesses: .....

Allergies and intolerances: .....

Medication: .....

Blood group: .....

Organ donor:  No  Yes

**EMERGENCY CONTACT**

In an emergency, please contact the following person:

Full name: .....

Relationship: .....

Telephone number: .....

Fold here

Fold here

Cut along the dotted line

