

Information and consent for diagnostic and therapeutic endoscopy of the esophagus, stomach and duodenum (gastroscopy)

Dear patient

Your doctor has prescribed an endoscopic examination of the upper gastrointestinal tract.

What is the purpose of this leaflet?

The aim of this leaflet is to provide information about the planned examination, the therapeutic procedures that may be applied, and the risks associated. If you would like more information, do not hesitate to ask the doctor before the examination.

Course of examination

After giving an adequate premedication, a flexible instrument (endoscope) is introduced through your mouth and the esophagus into the stomach and the duodenum. If necessary, biopsies will be taken and if necessary, treatment like dilatation will be done.

Possible additional treatments (if necessary)

- Elimination of varicous veins
- Treatment of bleeding lesions
- Dilatation of narrowings / strictures
- Insertion of a feeding tube
- Removal of polyps

Preparation

6 hours before examination, you should not eat solid foods. Clear liquids are allowed up to 2 hours before examination.

Risks

Complications of diagnostic procedures are exceedingly rare (0.2 ‰). I.e. there may be bleedings, infections or perforation; allergic reactions; chipped tooth or crown.

After the procedure

After receiving a premedication, you are not allowed to drive any vehicle for the rest of the day after the procedure.

In case of increasing pain, recurrent vomiting, fever or other problems after the procedure, inform us or your doctor or the nearest hospital.

Questions to be answered

The following questions are important for your doctor to estimate the risk of bleeding.

Question	Yes	No
Are you on any medication affecting blood coagulation / bleeding disposition (i.e. Aspirin, Marcoumar / Warfarin, Sintrom, Xarelto; non-steroidal anti-inflammatory drugs like ibuprofen, diclofenac)? Ask your doctor if not sure.		
Do you get hematoma even with minor injuries?		
Did you ever suffer from bleeding complications following operations?		
Did you ever need blood transfusions?		
Do you have allergies? to medication? to soy or egg? If yes: to which substance?		
Do you have any known heart disease or valve dysfunction? lung disease?		
For women: are you pregnant?		

Informed consent

I have read and understood clearly all the information provided and understand the risks and the possible complications of gastroscopy. Having read and understood this document and all the information contained in it, I give my written consent to undergo this procedure.

Name of patient

Name of doctor

Date

Signature

Date

Signature

Choice of Law and Jurisdiction Clause

The legal relationship between doctor and patient is subject to substantive Swiss law.

The Swiss courts at the doctor's domicile or the doctor's office shall exclusively have jurisdiction over existing and subsequent disputes resulting from the relationship between doctor and patient as well as from respective interrelated contracts.