

CANCER

can change lives.

SUPPORT

can change the journey.

Anyone affected by cancer

All services offered free of charge, in English

About Us

Cancer Support Switzerland offers free of charge psycho-oncological counselling, emotional support and wellbeing services in English to anyone affected by cancer.

For more than 25 years, our team of professional counsellors, coaches and trained volunteers have supported thousands of people affected by cancer in Switzerland and neighbouring regions.

Support is available in-person and online across Switzerland and neighbouring regions.



Whether you have received a diagnosis, are a caregiver, family member, friend, colleague or have lost a loved one, we are here for you.

Today, our community includes individuals and families from over 35 nationalities, creating a welcoming space where people find genuine connection, understanding and a sense of belonging. So, no one faces cancer alone.



Our Services in **Zurich** & online

IN-PERSON

Zurich Support Group*

Yoga*

Walk'nTalk

IN-PERSON & ONLINE

Psycho-oncological Counselling
for Individuals, Families, Couples
and Children

Peer Support

ONLINE ONLY

Online Support Group*

Breast Cancer Support Group*

Prostate Cancer Support Group*

Living With and Beyond Cancer*

Under-45s Support Group*

Mindfulness-Based Cognitive
Therapy for Cancer Patients*

Online Yoga*

Art Therapy

Bereavement Support Group

Caregivers Support Group

Online Grief Workshop

Work and Cancer Coaching

Support Line & Email

What is Peer Support?

Our peer supporters are trained volunteers who can offer practical help, accompany you to appointments, meet you for a walk or coffee, or simply be there to listen.

**Only for people diagnosed with a cancer.*

How to contact us



Visit our Website ————— www.cancersupport.ch

Send us an Email ————— support@cancersupport.ch

Call for Support ————— +41 (0) 22 723 22 31

A counsellor will return your call!

"From the moment I reached out to Cancer Support, every one showed so much love and care and attention. I am thankful for having you in my life."

- Shared by a person supported in 2025

"You have been light in the storm I was and I am still going through. [...] Your services are what we need, very approachable and delivered by top professionals. Thank you from the bottom of my heart. You've made a massive difference in my healing journey."

- Shared by a person supported in 2025

