

WELCOME TO OUR WORLD OF HOSPITALITY AND FINE CUISINE. THE FOLLOWING PAGES WILL TAKE YOU ON A JOURNEY THROUGH A WORLD OF CULINARY DELIGHTS THAT WILL LIGHT UP YOUR STAY AT HIRSLANDEN.

Our varied menu offers you a large selection of appetizers, main courses and desserts every day. As a patient with supplementary insurance, you will find tasty alternatives in our QUADRO menu. These are free of charge for our private patients and our semi-private patients receive a price reduction of 25 %.

In order for us to prepare and serve meals in a timely manner and to a high standard, we ask you and your guests to place your order with the hotel service no later than the following times:

until 10:00 a.m. Lunch: Dinner: until 3:00 p.m.

Breakfast: the evening before until 6:00 p.m.

The menus shown with highlighted lettering have been compiled according to the criteria of healthy nutrition, are easily digestible and mildly spiced. We use fresh herbs and spices for a full flavour. In addition, we season the dishes with a little Jura salt (iodised as well as fluoridated) and pepper. Furthermore, we only use food of the best quality and attach great importance to local origin as far as possible.

Our hotel service staff will support and advise you daily from 7:15 a.m. to 8:00 p.m.

# **MONDAY**

28. APRIL 2025

#### **LUNCH MENU**

#### Asparagus soup

Baked camembert with salad and cranberry Vegetable juice

# Sautéed guinea fowl breast (FRA) with tomato and estragon jus,

jasmin rice and broccoli Glazed veal steak on creamed morels with chive,

fusilli and spring vegetables

Tajine with green peppers, chickpeas egg and smoked tofu

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Apricot compote with mint

# **TUESDAY**

29. APRIL 2025

### **LUNCH MENU**

#### Sweet potato soup

Glass noodle salad with vegetarian Samosa and coriander chili dressing

Pineapple juice

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#### Sautéed redfish (FAO279 with black rice, sugar snap peas and a mild curry sauce

Ravioli Brasato with root vegetables and celeric puree

Aubergine-apricot ragout with saffron pilaf rice and pomegranate yoghurt

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Yoghurt panna cotta with melon

WEDNESDAY

30. APRIL 2025

#### **LUNCH MENU**

#### **Carrot soup**

Foie gras mousse (FRA) with rhubarb and pistachio biscuit

Vita 7 fruit juice

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#### Filet of brook trout (FAO05) with saffron sauce, cous cous and tomato fennel ragout

Glazed veal shoulder with herb jus, potatoes and broccoli with almonds

Vegetable curry with ginger, chick peas, Thai basil and jasmin rice

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Sour cream slice with marinated fruit

#### **DINNER MENU**

#### Thai curry soup

Mixed leaf salad with radish

Exotic fruit juice

#### Lamb entrecôte (AUS/2) with marjoram jus, sautéed potatoes and courgette

Penne with white and green asparagus and wild garlic cream sauce

Smoked filet of char with wild herbs and an apple-celery salad Baguette

Crème brulee with lemongrass and raspberry

#### **DINNER MENU**

#### Consommé with vegetable strips

Lambs lettuce with egg

Sour cherry juice

#### Veal escallop with thyme jus **Tagliatelle and carrots**

Stuffed and gratinated courgette with Appenzeller cheese and cashew nuts

Greek salad with tomato, cucumber, goats cheese and olives.

ciabatta

Barcelona cake

# **DINNER MENU**

#### Vine tomato soup with basil

Frisee salad with watercress

Pomegranate juice

#### Turkey breast with red wine jus, turmeric mashed potatoes and kohlrabi

Spaghetti with chili, garlic, parsley and parmesan

Cold roast beef with pickles and remoulade sauce. sunflower seed bread

Quark mousse with strawberries

# mance enhancers such as antibiotics. ITA: Italy

FRA: France

ARG: Argentina

AUS: Australia

FRG: Germany

USA: America

enhancers,

Meat of foreign origin:

DECLARATION

Meat

**INFORMATION** 

hotel service or nursing team know.

and meat products originate in Switzerland.

AUT: Austria CAN: Canada

If you have an allergy or food intolerance or would like to have information about the ingredients, please let our

Unless otherwise specified, our baked goods, fish, meat

1) may have been produced with hormonal performance

2) may have been produced with non-hormonal perfor-

POL: Poland NZL: New Zealand URU: Uruguay HUN: Hungary

RSA: South Africa

#### Fish/Crustaceans

Arctic Ocean FAO 18 FAO 21 Northwestern Atlanti Northeastern Atlantic FAO 27 Midwestern Atlantic FAO 31 FAO 34 Midwestern Atlantic Mediterranean FAO 37 Black Sea FAO 37 Southwestern Atlantic FAO 41 Southeastern Atlantic FAO 47 Antarctic Atlantic FAO 48 Western Indian Ocean FAO 51 Eastern Indian Ocean FAO 57 Antarctic Indian Ocean FAO 58 Northwestern Pacific FAO 61 FAO 67 Northeastern Pacific Western Pacific Ocean FAO 71 Eastern Pacific Ocean FAO 77 FAO 81 Southwestern Pacific Southeastern Pacific FAO 87 FAO 88 Antarctic Pacific European freshwater FAO 05 Vietnam VN

#### GUESTS

For guests of patients with supplementary insurance, the following prices are valid for the weekly menus:

Appetizer

8.00 Soup/Juice/Dessert 5.00 Cold main course 18.00 28.00 Main course Vegetarian main course 22.00

All prices in CHF and incl. value added tax.

PART OF THE MEDICLINIC GROUP



# **THURSDAY** 1. MAY 2025

## **LUNCH MENU**

**Celery soup** 

Sautéed scallops (FAO61)

with sugar snap peas and orange chutney

Carrot juice

Beef stroganoff (ARG/2) with sour cream spätzle and roasted vegetables

Beer glazed veal shin with bacon, polenta and green beans

Gratinated macaroni

**DINNER MENU** 

Lettuce with seeds

Rhubarb juice

baguette

Consommé with pancake strips

mixed rice and pfalzer carrots

Mushroom filled ravioli

Tuna medaillon (FAO71) on lime sauce,

with wild garlic and parmesan sauce

on cucumber salad with red onions,

Compote of mango with cardamom

Cubes of scottish smoked salmon (FAO27)

with apple sauce and crispy onions

Cream cake

**FRIDAY** 2. MAY 2025

#### **LUNCH MENU**

Garden pea soup with mint

Sautéed prawns (VN)

with pineapple and popcorn

Prune juice

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Grilled trout filet (FAO05) with tomato vinaigrette,

new potatoes and asparagus

Pork saddle with wild garlic jus, duchess potatoes and vegetables

Fried potatoe ravioli with spinach ricotta filling, truffle sauce

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Hazelnut ice cream

# **DINNER MENU**

Sweet corn soup

Lollo rosso salad with white radish

Cranberry juice

Beef flank steak (URU/2) with soy sauce and galangal, coriander rice and pak choi

Baked potato with seitan bolognaise, sour cream and coleslaw salad

Cheese plate with figs and pear bread, Raclette potatoes

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Buttermilk muffins

**DINNER MENU** Fennel soup with saffron

Iceberg salad with rocket

Vine tomato juice

**SATURDAY** 

3. MAY 2025

**LUNCH MENU** 

Cream of chicken soup

on a protein baguette

Elderberry juice

with lemon sauce,

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Duo of irish salmon (FAO27)

Cod filet in egg crust (FAO386)

Quiche with cream cheese.

spring onions and asparagus

asparagus-bean-ragout with potatoes

Lamb entrecôte (AUS/2) with tarragon jus,

mediterranean vegetables and potatoes

Chocolate couscous with mango salad

Veal burger with sage sauce, mashed potatoes and green beans

Dim sum with edamame, carrots and lemongrass sauce

Swiss sausage salad with onions, gherkins and chive,

graham bread

Cappuccino cake

# **SUNDAY**

4. MAY 2025

## **LUNCH MENU**

#### Asian noodle soup with vegetables

Sautéed duck breast (FRA)

with pear and cress

Beetroot juice

#### Glazed veal with chervil balsamic jus, Vegetable noodles

Beef lasagne (USA/2) with tomato and parmesan

Poached free range egg with truffle sauce on creamed spinach and mashed potatoes

Charlotte royal

# **DINNER MENU**

#### Garden herb soup

Mixed leaf salad

Blueberry juice

#### Breast of corn fed chicken with white tomato sauce, dumplings and carrots

Puff pastry roll filled with tomato and king oyster mushroom

Parma ham (ITA) with rocket, sbrinz cheese and lime oil, olive bread

Yoghurt mousse with blackberries



# MENU

