

WELCOME TO OUR WORLD OF HOSPITALITY AND FINE CUISINE. THE FOLLOWING PAGES WILL TAKE YOU ON A JOURNEY THROUGH A WORLD OF CULINARY DELIGHTS THAT WILL LIGHT UP YOUR STAY AT HIRSLANDEN.

Our varied menu offers you a large selection of appetizers, main courses and desserts every day. As a patient with supplementary insurance, you will find tasty alternatives in our QUADRO menu. These are free of charge for our private patients and our semi-private patients receive a price reduction of 25 %.

In order for us to prepare and serve meals in a timely manner and to a high standard, we ask you and your guests to place your order with the hotel service no later than the following times:

until 10:00 a.m. Lunch: Dinner: until 3:00 p.m. Breakfast: the evening before until 6:00 p.m.

The menus shown with highlighted lettering have been compiled according to the criteria of healthy nutrition, are easily digestible and mildly spiced. We use fresh herbs and spices for a full flavour. In addition, we season the dishes with a little Jura salt (iodised as well as fluoridated) and pepper. Furthermore, we only use food of the best quality and attach great importance to local origin as far as possible.

Our hotel service staff will support and advise you daily from 7:15 a.m. to 8:00 p.m.

### MONDAY 14. JULY 2025

### LUNCH MENU

### Asparagus soup

Roquefort filled figs with leaf salad

Vegetable juice

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#### Poached corn fed chicken breast with root vegetables, salsa verde and new potatoes

Sliced veal with Dijon mustard and spring onions, mascarpone mashed potatoes and carrots

Cheese spätzle with dried onions and leaf salad

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or

Stewed pear with anis

### **DINNER MENU**

### Thai curry soup

Mixed leaf salad with radish

Exotic fruit juice

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#### **Boiled Swiss prime beef** with a spicy apple dip, boiled potatoes and creamed spinach

Gnocchi sardi with rocket salad, olives and eggplant sauce

or Tomato and buffalo mozzarella salad with basil pesto and ciabatta

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White chacolate mousse with berries

### **TUESDAY** 15. JULY 2025

### LUNCH MENU

#### Sweet potato soup

Roast beef roll with avocado and dried tomatoes or Pineapple juice

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#### Poached gilt head bream (FAO37) with lemon sauce, pilaf rice and courgette

Veal saltimbocca with port wine jus, tagliatelle and ratatouille

Dim sum with red curry, hoisin sauce and asian vegetables

\*\*\*\*\* Calvados caramel slice

## **WEDNESDAY** 16. JULY 2025

## LUNCH MENU

### **Carrot soup**

Vita 7 fruit juice

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# potato gnocchi

cranberries,

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### DINNER MENU

#### Consommé with vegetable strips or

Lambs lettuce with egg Sour cherry juice

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### Steamed salmon filet (FAO27) with saffron sauce, boiled potatoes and sugar snap peas

Vegetable strudel with mushrooms soya herb dip or

Birchermüesli with yoghurt and berries, whole meal bread

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Lemon semolina blancmage

## **DINNER MENU**

Pomegranate juice

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#### Braised veal with red wine sauce, semolina dumplings and carrots

and Pesto Genovese or gherkins and egg, Baguette

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Crab meat (FAO61) burrito with mango salsa

### Sautéed parrotfish (FAO27) medaillon with Minestrone and orange basil pesto

Viennese fried chicken with lemon and

potato salad with cucumber

Indian vegetable curry with coconut, ginger and coriander, scented rice

Curd cheese mousse with stone fruit salad

### Vine tomato soup with basil

Frisee lettuce with watercress

Tagliatelle with potatoes, green beans

Lyoner sausage salad with onions,

Apple crumble with almonds

### INFORMATION

#### ALLERGIES

If you have an allergy or food intolerance or would like to have information about the ingredients, please let our hotel service or nursing team know.

#### DECLARATION

Unless otherwise specified, our baked goods, fish, meat and meat products originate in Switzerland.

Meat Meat of foreign origin: 1) may have been produced with hormonal performance enhancers, 2) may have been produced with non-hormonal performance enhancers such as antibiotics.

ITA:	Italy	ESP:	Spain
FRA:	France	AUT:	Austria
ARG:	Argentina	CAN:	Canada
AUS:	Australia	POL:	Poland
NZL:	New Zealand	URU:	Uruguay
FRG:	Germany	HUN:	Hungary
USA:	America	RSA:	South Africa

#### Fish/Crustaceans

Arctic Ocean	FAO 18	
Northwestern Atlantic	FAO 21	
Northeastern Atlantic	FAO 27	
Midwestern Atlantic	FAO 31	
Midwestern Atlantic	FAO 34	
Mediterranean	FAO 37	
Black Sea	FAO 37	
Southwestern Atlantic	FAO 41	
Southeastern Atlantic	FAO 47	
Antarctic Atlantic	FAO 48	
Western Indian Ocean	FAO 51	
Eastern Indian Ocean	FAO 57	
Antarctic Indian Ocean	FAO 58	
Northwestern Pacific	FAO 61	
Northeastern Pacific	FAO 67	
Western Pacific Ocean	FAO 71	
Eastern Pacific Ocean	FAO 77	
Southwestern Pacific	FAO 81	
Southeastern Pacific	FAO 87	
Antarctic Pacific	FAO 88	
European freshwater	FAO 05	
Vietnam	VN	

#### GUESTS

For guests of patients with supplementary insurance, the following prices are valid for the weekly menus:

• Appetizer	8.00
Soup/Juice/Dessert	5.00
Cold main course	18.00
Main course	28.00
Vegetarian main course	22.00

All prices in CHF and incl. value added tax.

#### PART OF THE MEDICLINIC GROUP



### THURSDAY 17. JULY 2025

### LUNCH MENU

### **Celery** soup

Prawn burger (VN) with coriander and Thai papaya salad or Carrot juice

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Beef cubes (ARG/2) with peas and bean sprouts, jasmin rice with lemongrass or Pork sausage with crispy onion, potato rösti and beans

Fried rice with peanuts, Thai basil and tofu

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Crème de coco with sour cherries

FRIDAY 18. JULY 2025

### LUNCH MENU

#### Garden pea soup with mint

Sautéed quail breast (FRA) on a green bean salad or

Plum juice

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#### Loin of pork with tomato vinaigrette, tagliatelle and root vegetables

or Paella with prawns (VN), chicken and grilled courgette, chimi churri Ravioli filled with tomatoes, basil. pine nuts and ricotta \*\*\*\*

Berry soufflé with vanilla sauce

## SATURDAY 19. JULY 2025

### LUNCH MENU

#### Cream of chicken soup

Ricotta with honey, rosemary and spicy tomato chili chutney or

Elderberry juice

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#### Lamb entrecôte (AUS/2) with savory, potatoes and green beans

or Spaghetti bolognese with Parmesan or Quiche with carrots, broccoli and herb dip

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Marbled cheesecake

## **SUNDAY** 20. JULY 2025

## LUNCH MENU

### Asian noodle soup with vegetables

or Beetroot juice

\*\*\*\*\*

with garden herbs,

\*\*\*\*\*

Mango sorbet

### **DINNER MENU**

#### Consomme with pancake strips

Lettuce with seeds Nectar of white peach

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#### Filet of pike perch (FAO05) with tarragon and mustard seeds, new potatoes and spinach or

Pizza with artichoke, peppers, rocket salad and mascarpone or

Baked Feta with rosemary on meditaranian vegatables, baguette

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Lemon mousse with blackberry sauce

## **DINNER MENU**

#### Cream of sweetcorn soup

or Lollo rosso salad with white raddish

Cranberry juice

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#### Braised beef with barolo sauce fusili and vegetables

#### Oľ Parmesan gnocchi with spinach, mushrooms and white balsamic sauce

or Cheese plate with figs and pear bread, potatoes

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Blueberry quark

## DINNER MENU

#### Fennel soup with saffron

or Iceberg salad with rocket Tomato juice

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#### Trout filet (FAO05) with dill sauce, barley risotto and romanesco

or Thai noodles with lemongrass-coconut fond and vegetables

or Ham from the Tirol (AUT) with mountain cheese, pickles and rye bread

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Buttermilk flan with salad of oranges

### **DINNER MENU**

#### Garden herb soup

or Mixed leaf salad Blueberry juice

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#### Sautéed veal liver with sage jus, mashed potatoes and steamed tomato

Oľ Courgette filled pancake on creamy spinach and cheese or Deep fried pike perch (FAO05) with potato and radish salad, Remoulade sauce

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Grilled vegetables with pesto and medium-rare fillet of lamb (AUS/2)

Steamed corn fed chicken breast basmati rice and vegetables

Beef burger with spicy pepper relish, house potatoes and braised leeks

Vegan chili with beluga lentils, avocado and coriander rice

Yoghurt cream with raspberry sauce



MENU

14. TO 20. JULY 2025

