

WELCOME TO OUR WORLD OF HOSPITALITY AND FINE CUISINE. THE FOLLOWING PAGES WILL TAKE YOU ON A JOURNEY THROUGH A WORLD OF CULINARY DELIGHTS THAT WILL LIGHT UP YOUR STAY AT HIRSLANDEN.

Our varied menu offers you a large selection of appetizers, main courses and desserts every day. As a patient with supplementary insurance, you will find tasty alternatives in our QUADRO menu. These are free of charge for our private patients and our semi-private patients receive a price reduction of 25 %.

In order for us to prepare and serve meals in a timely manner and to a high standard, we ask you and your guests to place your order with the hotel service no later than the following times:

until 10:00 a.m. Lunch: Dinner: until 3:00 p.m.

Breakfast: the evening before until 6:00 p.m.

The menus shown with highlighted lettering have been compiled according to the criteria of healthy nutrition, are easily digestible and mildly spiced. We use fresh herbs and spices for a full flavour. In addition, we season the dishes with a little Jura salt (iodised as well as fluoridated) and pepper. Furthermore, we only use food of the best quality and attach great importance to local origin as far as possible.

Our hotel service staff will support and advise you daily from 7:15 a.m. to 8:00 p.m.

MONDAY 27. OCTOBER 2025

LUNCH MENU

Asparagus soup

Cauliflower tempura with beetroot hummus and salad

Vegetable juice

Steamed corn fed chicken breast with root vegetables, salsa verde and new potatoes

Sliced veal with Dijon mustard and spring

mascarpone mashed potatoes and carrots

Cheese spätzle with fried onions and leaf salad

Panna cotta with blackberry

TUESDAY 28. OCTOBER 2025

LUNCH MENU

Sweet potato soup

Roast beef roll with avocado and dried tomatoes

Pineapple juice

Poached gilt head bream (FAO37) with lemon sauce, pilaf rice and courgette

Veal saltimbocca with port wine jus, tagliatelle and ratatouille

Dim sum with red curry, hoisin sauce and asian vegetables

Trio of chocolate slice

WEDNESDAY 29. OCTOBER 2025

LUNCH MENU

Carrot soup

Crab meat (FAO61) burrito with mango salsa

Vita 7 fruit juice

Sautéed parrotfish (FAO57) medaillon, gnocchi with herbs and pumpkin puree

Viennese fried chicken with lemon and cranberries.

parsley potatoes

Indian vegetable curry with coconut, ginger and coriander, scented rice

Walnut parfait with apple

DINNER MENU

Thai curry soup

Mixed leaf salad with radish

Exotic fruit juice

Boiled Swiss beef with a spicy apple dip, boiled potatoes and creamed spinach

Gnocchi sardi with rocket salad. olives and eggplant sauce

Tomato and buffalo mozzarella salad with basil pesto and ciabatta

Sweden Cake

DINNER MENU

Consommé with vegetable strips

Lambs lettuce with egg

Sour cherry juice

Steamed salmon filet (FAO27) with saffron sauce, boiled potatoes and sugar snap peas

Vegetable strudel with mushrooms soya herb dip

Birchermüesli with yoghurt and berries, wholemeal bread

Banana mousse with mint

DINNER MENU

Vine tomato soup with basil

Frisee lettuce with watercress

Pomegranate juice

Braised veal with red wine sauce, semolina dumplings and carrots

Tagliatelle with potatoes, green beans and pesto Genovese

Lyoner sausage salad with onions, gherkins and egg, Baguette

Tapioca pudding with lychee and pomegranade

Mediterranean

FAO 34 Midwestern Atlantic FAO 37 FAO 37 Black Sea Southwestern Atlantic FAO 41 Southeastern Atlantic FAO 47 Antarctic Atlantic FAO 48 Western Indian Ocean Eastern Indian Ocean

INFORMATION

DECLARATION

Meat of foreign origin:

Meat

enhancers,

ITA: Italy

FRA: France

ARG: Argentina

AUS: Australia

FRG: Germany

USA: America

Fish/Crustaceans Arctic Ocean

Northwestern Atlanti Northeastern Atlantic

Midwestern Atlantic

NZL: New Zealand

hotel service or nursing team know.

and meat products originate in Switzerland.

mance enhancers such as antibiotics.

If you have an allergy or food intolerance or would like to have information about the ingredients, please let our

Unless otherwise specified, our baked goods, fish, meat

1) may have been produced with hormonal performance

2) may have been produced with non-hormonal perfor-

AUT: Austria

CAN: Canada

POL: Poland

URU: Uruguay

HUN: Hungary

FAO 18

FAQ 21

FAO 27

FAO 31

VN

RSA: South Africa

FAO 51 FAO 57 Antarctic Indian Ocean FAO 58 Northwestern Pacific FAO 61

FAO 67 Northeastern Pacific Western Pacific Ocean FAO 71 Eastern Pacific Ocean FAO 77 FAO 81 Southwestern Pacific

Southeastern Pacific FAO 87 FAO 88 Antarctic Pacific European freshwater FAO 05

GUESTS

Vietnam

For guests of patients with supplementary insurance, the following prices are valid for the weekly menus:

Appetizer

8.00 Soup/Juice/Dessert 5.00 Cold main course 18.00 28.00 Main course Vegetarian main course 22.00

All prices in CHF and incl. value added tax.

PART OF THE MEDICLINIC GROUP



THURSDAY 30. OCTOBER 2025

LUNCH MENU

Celery soup

Prawn burger (VN) with coriander and thai papaya salad or

Carrot juice

Diced beef (ARG/2) with green peas, mung sprouts and sweet corn, rice with lemon grass

Pork sausage with crispy onion, potato rösti and green beans or

Fried rice with peanuts, Thai basil and tofu

DINNER MENU

Lettuce with seeds

Quince juice

Consomme with pancake strips

Filet of pike perch (FAO05)

new potatoes and spinach

Pizza with artichoke, olives,

Baked Feta with rosemary on meditaranian vegatables,

olive baguette

Blueberry quark

rocket salad and mascarpone

with tarragon and mustard seeds,

Banana cake

FRIDAY

31. OCTOBER 2025

LUNCH MENU

Garden pea soup with mint

Sautéed quail breast (FRA) on a green bean salad or

Prune juice

Pork steak with tomato vinaigrette, tagliatelle and root vegetables

or ..

Paella with prawns (VN), chicken and grilled courgette

or

Ravioli filled with tomatoes, basil, olives and ricotta

Sour cream terrine with mandarin

DINNER MENU

Sweet corn soup

or

Lollo rosso salad with white raddish

Cranberry juice

Braised beef with barolo sauce mashed potatoes and vegetables

or

Parmesan gnocchi with babyleaf spinach and white balsamic sauce

or

Cheese plate with figs and pear bread, Raclette potatoes

Orange mousse with pistachio sauce

DINNER MENU

SATURDAY

LUNCH MENU

tomato chili chutney

potatoes and green beans

Spaghetti bolognese

Quiche with pumpkin.

fondina cheese and herb dip

Cinnamon cream with sour cherries

with Grana Padano

Elderberry juice

1. NOVEMBER 2025

Cream of chicken soup with chervil

Lamb entrecôte (AUS/2) with savory,

Ricotta with honey rosemary and

Fennel soup with saffron

or

Iceberg salad with rocket

Tomato juice

Trout filet (FAO05) with dill sauce, barley risotto and romanesco

or

Thai noodles with lemongrass-coconut fond and vegetables

or

Ham from the Tirol (AUT) with mountain cheese, pickles and rye malt baguette

Poppy seed cake with marzipan

SUNDAY

2. NOVEMBER 2025

LUNCH MENU

Asian noodle soup with vegetables

Grilled vegetables with rocket marinade and medium-rare fillet of lamb (AUS/2)

Beetroot juice

Steamed corn fed chicken breast with garden herbs, basmati rice and vegetables

or

Beef burger with spicy pepper relish, house potatoes and creamy leeks

Vegan chili with beluga lentils, avocado and coriander rice

Giolito ice cream "Pistacchio"

DINNER MENU

Garden herb soup

or

Mixed leaf salad

Blueberry juice

Sautéed veal liver with golden delicious and sage jus, mashed potatoes and steamed tomato

Pancakes filled with courgette on creamy spinach

and Mimolette cheese

Deep fried pike perch (FAO05) with potato and radish salad, Remoulade sauce

Apple strudel with vanilla sauce



MENU

