

Dr. med. Henry Perschak

The **2 Day MedCheck** offers you a wide

investigations, and also includes an in-pa-

The Extended Individual MedCheck is

a serious illness. On request, we shall com-

pile a program that includes the necessary

Please feel free to contact us if you have

any questions, or if anything is not clear.

intended for patients who already have

range of screening tests and preventive

tient stay at our clinic.

investigations for you.

Dr. med. Henry Perschak

Medicine Klinik Hirslanden

Specialist FMH in Internal Medicine

Chief of Department of General Internal

Yours sincerely,

MEDCHECK HIRSLANDEN

You'd like to have a medical check-up, and

it's important for you to have it in the right

that the specialists at Klinik Hirslanden will

surroundings? In that case you can be sure

provide the best possible service, thanks

our wide range of treatments.

to our excellent medical infrastructure and

MedCheck Hirslanden offers the opportu-

nity of a high-quality, comprehensive medi-

to each patient's requirements – and every-

Our standard range of check-ups comprises

adapt each model by adding various supple-

three different models, and we can also

mentary investigations according to our

The **Comprehensive MedCheck** takes

one day. The main components are a de-

a comprehensive physical examination

with important supplementary investiga-

will enable you to maintain your health.

as a basis for recommendations that

tailed consideration of your medical history,

tions and an assessment of all the findings

patients' personal wishes.

cal check-up that is individually tailored

thing is completed in a very short time.

Hirslanden Klinik Aarau

Klinik Beau-Site Bern

Klinik Permanence Bern

Salem-Spital Bern

AndreasKlinik Cham Zug

Klinik Am Rosenberg Heiden

Clinique Bois-Cerf Lausanne

Clinique Cecil Lausanne

Klinik St. Anna Luzern

Klinik Birshof

Klinik Belair

Klinik Hirslanden Zürich

Münchenstein Basel

Schaffhausen

Klinik Im Park Zürich

#### HOW TO FIND US

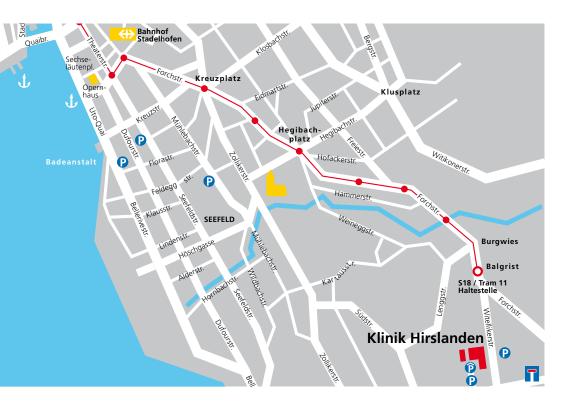
#### Public transport

Klinik Hirslanden is very easily reached by public transport:

- From the central station and Stadelhofen station, take tram No. 11 to the Balgrist stop.
- From Stadelhofen station, take the «Forchbahn» (line S18) to the zone). Balgrist stop.

#### Parking for visitors

Parking spaces for visitors are available on the clinic's premises on Enzenbühlstrasse and in the underground parking garage; a charge is payable. Please note that parking spaces are in very short supply in the immediate vicinity of the clinic (blue parking



# WHEN IT MATTERS MOST HIRSLANDEN PRIVATE HOSPITAL GROUP Information and advice – Hirslanden Healthline T +41 848 333 999

#### **Hirslanden Emergency Center, Zurich** Klinik Hirslanden

Ready to help you 24 hours a day, 365 days a year T +41 44 387 35 35

## MedCheck Hirslanden

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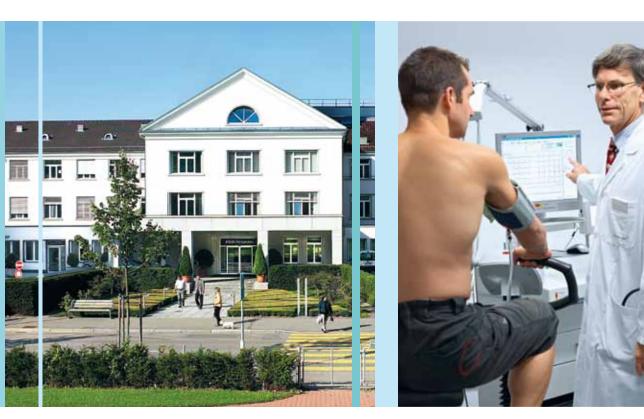
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www.hirslanden.ch





#### MEDCHECK HIRSLANDEN KLINIK HIRSLANDEN







#### **COMPREHENSIVE MEDCHECK**

During this professional check-up which only takes one day, our specialist in general internal medicine will question you in depth and give you a full-scale examination. Important supplementary investigations will also be carried out. At a consultation following a thorough analysis of all the test results, you will be briefed on your current state of health in detail. Based on these results, we shall show you how you can take efficient preventive action that will benefit your health in the long term.

The following services are included:

#### Medical history

- Current health problems
- Patient history
- Family history
- Review of systems
- Social history
- Allergies
- Habits

#### Medical examination

- General state of health
- Head, neck and throat
- Skin, lymph nodes, thyroid glands
- Heart, circulation, blood pressure
- Lungs, respiration
- Abdomen (digestive organs)
- Men: prostate
- Nervous system
- Skeleton, joints, muscles

#### Function tests

- Resting ECG
- Exercise ECG
- Spirometry

#### Further investigations

– Detailed blood analysis

#### Concluding consultation

- Discussion of all the investigative results
- Recommendations for further procedure
- Presentation of complete documentation

#### **2 DAY MEDCHECK**

As its name suggests, the 2 Day MedCheck lasts two whole days. In addition to the services included in the Comprehensive MedCheck, you will also be examined thoroughly by several specialists from various departments of Klinik Hirslanden. To conclude the check-up, you will be briefed in detail on your current state of health; based on the results, we shall show you how you can take efficient preventive action that will benefit your health in the long term. If further investigations or clarifications are needed, we shall be glad to help you to organize them.

The following services are included:

#### Medical history

- Current health problems
- Patient history
- Family history
- Review of systems
- Social history
- Allergies
- Habits

#### Medical examination

- General state of health
- Head, neck and throat
- Skin, lymph nodes, thyroid glands
- Heart, circulation, blood pressure
- Lungs, respiration
- Abdomen (digestive organs)
- Men: prostate

- Nervous system
- Skeleton, joints, muscles

#### Function tests

- Resting ECG
- Exercise ECG
- Complete lung function testing

#### Further investigations

- Detailed blood analysis
- MRI
- Whole body without contrast media
- Skull without contrast media, including angiography
- Gastroscopy and coloscopy, including preparation

#### Concluding consultation

- Discussion of all the investigative results
- Recommendations for further procedure
- Personal advice on:
- Nutrition
- Exercise
- Presentation of complete documentation

For detailed information and additional investigations, please visit: www.hirslanden.ch/en/medcheck

#### B. Cur

### C. Det

FIRST-CLASS SERVICES	COMPREHENSIVE MEDCHECK	2 DAY MEDCHECK
A. Medical history		
Detailed discussion with the specialist from		
the Department of General Internal Medicine		
regarding your personal state of health		
Current health problems	٠	•
Patient history	•	•
Family history	•	•
Review of systems	•	•
Social history	•	•
Allergies	•	•
Habits	٠	•
Medicines taken regularly Reserve medications	•	•
C. Detailed medical examination		
Assessment of physical condition		
General state of health	٠	•
Head, neck and throat	•	•
Skin, lymph nodes, thyroid glands	•	•
Heart, circulation, blood pressure	•	•
Lungs, respiration	•	•
Abdomen (digestive organs)	•	•
Men: prostate	•	٠
Nervous system	•	٠
Skeleton, joints, muscles	•	٠

	COMPREHENSIVE	2 DAY
	MEDCHECK	MEDCHECK
D. Function tests		
Resting ECG	•	•
Exercise ECG	•	•
Spirometry	•	
Complete lung function testing		•
E. Further investigations		
Detailed blood analysis		
MRI of whole body without contrast media		
MRI of skull without contrast media,		•
including angiography		
		•
Gastroscopy, including preparation		•
Coloscopy, including preparation		•
F. Concluding consultation		
Discussion of all the investigative results		
Recommendations for further procedure	•	•
Personal advice on:		
nutrition, exercise		
Presentation of complete documentation	•	•
G. Services		
Full board at Klinik Hirslanden		•
VIP package		•