

**DOCUMENTS TO BE SENT BY THE ATTENDING SURGEON:**

- By email to: [patientenanmeldung.stanna@hirslanden.ch](mailto:patientenanmeldung.stanna@hirslanden.ch)
- Via Doc Box

## HEALTH QUESTIONNAIRE

### PERSONAL DETAILS

Family name	Date of birth
First name	Telephone
Address	Mobile
Profession	
Your family doctor (name, address)	

### PLANNED SURGERY

What surgery will be performed?
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### PREVIOUS SURGERY

Have you ever had problems with anaesthesia during previous operations? If yes, what problems: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Were there ever complications with previous operations? If yes, what problems: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No

### CURRENT STATE OF HEALTH

Height (cm) \_\_\_\_\_ weight (kg) \_\_\_\_\_

#### Have you ever had / do you have one or more of the following health issues?

Heart disease (e.g. angina pectoris, heart attack, stents, cardiac insufficiency, heart valve disorders)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cardiac arrhythmias (atrial fibrillation, wearer of a pacemaker or defibrillator)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
High blood pressure (please also tick if well controlled by medication)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Can you climb two flights of stairs without experiencing breathing difficulties?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Lung disease (e.g. COPD, asthma, home oxygen, pulmonary embolism)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sleep apnoea (please bring your therapy device to the clinic).	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Stroke (cerebral haemorrhage or cerebral infarction)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Blood diseases or blood clotting disorders (e.g. thrombosis, bleeding after dental treatment, surgery, menstruation)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been diagnosed with anaemia?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Renal disease or liver disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Metabolic disorder (e.g. thyroid gland, cholesterol, uric acid)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Diabetes	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Stomach issues (e.g. reflux, heartburn, stomach bypass, gastric band)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Neurological disease (e.g. epilepsy, Parkinson's, paralysis, neurostimulator)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Serious muscle disease (e.g. myopathy, muscular dystrophy)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Mental illness (e.g. depression, panic attacks, burnout)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Is there a chance that you are pregnant?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have currently cancer? If yes, which one: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Allergy or intolerance? If yes, what problems: _____ (Please bring your allergy card with you to hospital.)	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Do you take more than two medications a day?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Are you taking any blood-thinning medications? If yes, which ones: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Do you drink more than 300ml of spirits or 500ml of wine or 1 l of beer a day?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you smoke more than 20 cigarettes a day?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Did/do you take drugs? If yes, what drugs? _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**REMARKS**

Date: \_\_\_\_\_ Patient signature: \_\_\_\_\_  
(Not required for electronic submission.)

**TO BE COMPLETED BY THE SPECIALIST PROVIDING TREATMENT**

Does the surgeon have preoperative documents available?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
The patient needs a preoperative examination by the family doctor:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Date: _____ Attending surgeon: _____		



**An examination by the family doctor is compulsory if:**

- at least one red or two blue fields have been checked,
- the patient is older than 70,
- the procedure is risk class B or C.

**If you have any questions about the completion of the questionnaire, please contact:**

- Klinik für Anästhesie, Intensivmedizin und Schmerztherapie,  
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